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regimen

(n) A systematized order or course of living with reference to food, clothing and personal habits.

regiment

(n) A body of soldiers.

regnant

(adj) Exercising royal authority in one's own right.

regress

(v) To return to a former place or condition.

regretful

(adj) Feeling, expressive of, or full of regret.

rehabilitate

(v) To restore to a former status, capacity, right rank, or privilege.

reign

(v) To hold and exercise sovereign power.

reimburse

(v) To pay back as an equivalent of what has been expended.
