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regimen	(n) A systematized order or course of living with reference to food, clothing and personal habits.
regiment	(n) A body of soldiers.
regnant	(adj) Exercising royal authority in one's own right.
regress	(v) To return to a former place or condition.

regretful	(adj) Feeling, expressive of, or full of regret.
rehabilitate	(v) To restore to a former status, capacity, right rank, or privilege.
reign	(v) To hold and exercise sovereign power.
reimburse	 (v) To pay back as an equivalent of what has been expended.