Questions		
1.	Tom (dig) in the garden all afternoon and I (help) him.	
	A. has been digging/ have been helping	
	B. has been digging/ has been helping	
	C. have been digging/ have been helping	
2.	He (overwork). That is why he looks so tired.	
	A. has been overworking	
	B. have been overworking	
3.	The children (look) forward to this holiday for months.	
	A. has been looking	
	B. have been looking	
4.	That helicopter (fly) round the house for the last hour; do you think it's taking photographs?	
	A. has been flying	
	B. have been flying	
5.	The car (make) a very curious noise ever since it ran out of oil.	
	A. has been making	
	B. have been making	
6.	He (study) Russian for two years and doesn't even know the alphabet yet.	

	A.	has been studying
	B.	have been studying
7.	I	_ (make) cakes. That is why my hands are all covered with flour.
	A.	has been making
	B.	have been making
8.	I'm on	a diet. I (eat) nothing but bananas for the last month.
	A.	has been eating
	B.	have been eating
9.	We _	(argue) about this for two hours now. Perhaps we should stop.
	A.	has been arguing
	B.	have been arguing
10.	I	_ (ask) you to mend that window for six weeks. When are you going to do it?
	A.	has been asking
	B.	have been asking